

Patient information

Information for Patients referred to Broomfield Hospital Plastic Surgery Dept

Integrated Emergency and Medical Pathways

You have been referred to the Plastic Surgery Team at **Broomfield Hospital in Chelmsford** for specialist assessment and treatment. This is a regional unit which specialises in hand trauma and plastic surgery.

Appointment Details:

Date:

Time:

Attending Your Appointment

Please report to the **Hand Trauma Clinic** at the time shown above. As the Plastic Surgery Department is a regional referral centre, several patients may be attending for assessment on the same day. This can sometimes result in longer waiting times. We recommend bringing refreshments, reading material or another activity to help make your wait more comfortable.

Please arrange for someone to drive you to and from the hospital if possible, as you may not be fit to drive home should you require a procedure or surgery on the day of your appointment. In some cases, you may be assessed and asked to return on another day for surgery.

Eating and Drinking

Most patients attending the Hand Trauma Clinic do not require a general anaesthetic on the day of assessment and may eat and drink as normal unless specifically advised otherwise. The surgeon will discuss your treatment options with you and explain any procedures that may be required.

What to Bring

Please bring:

- A list of your current medications.
- Any dressings, splints, slings or supports that have been applied to your injury.
- Glasses, hearing aids or mobility aids if required.
- Details of any allergies.

Hospital Location

Broomfield Hospital,
Court Road, Broomfield, Chelmsford, CM1 7ET

Adults: St Andrew's Hand Trauma and Assessment Unit, location B340, Zone B on Level 3.

Children: Phoenix Ward, location E122.

Directions when you arrive at the hospital

Adults

- Enter via the West Entrance Zone B and proceed ahead.
- Lifts 4 and 5 are located on the left.
- Take a lift up to level 3.
- Exit lift and turn left.
- Proceed to end of corridor and turn right.
- Follow the corridor up a slight slope and continue ahead.
- B340 - St Andrew's Hand Trauma and Assessment Unit is located on the left.

Children

Phoenix ward, located at E122 on the first floor of the East Wing of Broomfield Hospital. Upon arrival, the receptionist will guide you to the appropriate area of the ward.

Travel and Parking

Please allow sufficient time for your journey and parking, as the hospital can be busy, particularly during peak periods.

Nearest Train Station: Chelmsford Railway Station. Chelmsford is the closest mainline station to Broomfield Hospital and is approximately 3 miles (5 km) from the hospital. From the station, patients can travel to the hospital by taxi or local bus services

If you cannot attend

If you are unable to attend your appointment, please contact the Hand Trauma Clinic as soon as possible so that alternative arrangements can be made.

Accessibility and Support

If you require an interpreter, communication support, wheelchair access, or have any other special requirements, please contact the clinic before your appointment so that appropriate arrangements can be made.

Important advice before your appointment

Seek urgent medical advice or attend your nearest Emergency Department if, before your appointment, you develop:

- Increasing pain or swelling.
- New numbness or tingling.
- Fingers becoming pale, blue, cold or difficult to move.
- Excessive bleeding.
- Signs of infection such as increasing redness, heat, swelling or fever.

Contact Information

Hand Trauma Clinic Enquiries: 0300 443 7269

Phoenix Ward: 0300 443 0572.

If you would like this leaflet in another language or format, or you would like to give feedback on your care, please contact the Princess Alexandra Hospital Patient Experience Team on paht.pals@nhs.net