

Patient information

Skin check

Cardiac team

Introduction

We hope this guide will answer your questions about your skin check, please contact the team if you require further information via the details at the end of this leaflet.

What is a skin check?

A skin check looks for any changes in the condition of your skin since your procedure in the Cath lab.

Why do I need a skin check?

During your recent angiogram or angioplasty procedure, you were exposed to a higher than expected dose of X rays.

It is routine to check your skin six to eight weeks after the procedure to check for any persistent changes in the condition of your skin as a result.

Getting to us

The Cath Lab is on the lower ground floor, next to the Alexandra Day Surgery Unit (ADSU). We are in the Blue Zone.

Please arrange to be dropped off and collected from the maternity drop off. You can access this from entrance B, from Hayden's Roundabout.

When should I arrive?

Please arrive no more than 15 minutes before your appointment time.

The skin check

You will be asked to remove your clothing to the waist to carry out the check of the skin over your chest and back.

If you have any concerns about the condition of your skin, please raise them with the nurse during your examination.

If required, the nurse will contact your cardiologist who will make a referral for you to see a dermatologist (a skin specialist) who will check your skin in more detail.

How long will it take?

The skin check will only take a few minutes.

Eating and drinking

You may eat and drink as usual before and following the skin check.

Contacting the team

If you have any further questions, please contact the Cardiac Angiography Suite on:

Telephone: 01279 827814 or 01279 827913

Office hours: Monday to Friday, 8am to 4pm

There is an answerphone available outside of these hours. Please leave a message and a member of the team will contact you.

If you would like to give feedback on your care, please contact our patient experience team on paht.pals@nhs.net or 01279 827211.

Please contact the communications team on paht.communications@nhs.net or 01279 827926 if you would like this leaflet in another language or format.